

## Eat More Errata Sheet

Unfortunately due to an error in the publishing process of Eat More, measurements of 3rds and 8ths were not printed in the ingredient lists in a range of recipes. We apologize for the error, the omitted measurements can be found below.

Page	Recipe	Missing measurement
40	Apple and Rhubarb with Oat Clusters	$\frac{1}{3}$ tsp cinnamon
44	Beet and Blueberry Blitz	$\frac{2}{3}$ cup water
52	Chunky Roast Tomato Pasta Salad	$\frac{1}{3}$ cup sundried tomatoes
63	Oat and Cashew Waffles	$\frac{1}{3}$ cup cashews
70	Kale and Beet Salad	$\frac{1}{3}$ pumpkin seeds
81	Cabbage and Pineapple Salad	$\frac{1}{8}$ teaspoon salt (optional)
86	Arugula, Eggplant and Bean Salad	$\frac{1}{3}$ cup slivered almonds
113	Corn and Pea Fritters	$\frac{1}{8}$ tsp chili powder (optional) $\frac{1}{3}$ cup chopped fresh mint
120	Lentil and Sesame Rissoles	$\frac{1}{3}$ cup walnuts
124	Black Bean Stew	$\frac{2}{3}$ cup barley
125	Corn Bread	$\frac{2}{3}$ cup apple sauce (unsweetened) <b>Method:</b> Step 4: “ $\frac{1}{3}$ cup muffin tins”
131	Pumpkin and Garbonzo Satay	$\frac{1}{3}$ cup crunchy natural peanut butter

Page	Recipe	Missing measurement
132	Pastry Crust	$\frac{1}{3}$ cup oil $\frac{1}{3}$ cup water
140	Pesto Risotto	$\frac{1}{3}$ cup pine nuts $\frac{1}{3}$ cup dry breadcrumbs
149	Date, Apricot and Ginger Jam	$\frac{1}{3}$ cup uncrystallized ginger
156	Crust	$\frac{1}{3}$ cup oil $\frac{1}{3}$ cup warm water
159	Almond Cranberry Cookies	$\frac{1}{3}$ cup oil
160	Avocado Mousse Chocolate Cashew Cream	$1\frac{1}{3}$ cups honey $1\frac{1}{3}$ cups water
163	Oatmeal Cake with Citrus Zest	$\frac{1}{3}$ cup lemon juice
164	Pecan and Raisin Slice	$\frac{1}{3}$ cup unsweetened shredded coconut
168	Apple Pecan Cake	$\frac{2}{3}$ cup non-dairy milk $\frac{1}{3}$ cup maple syrup <b>Method:</b> Step 3: "1/3 cup non-dairy milk"
175	Raspberry Friands	$\frac{2}{3}$ cup apple sauce
176	Maple Cookies	$\frac{1}{3}$ cup all purpose flour

